

MA Healthcare

Diet and Nutrition



Whether in hospital, community or residential care settings, effective medical treatment and long-term recovery relies upon good nutrition and hydration. As the dignity and well-being of the patient takes on greater importance, the understanding of right nutrition will be essential to the work of health professionals. We have provided a list of relevant articles from MA Healthcare journals dealing with this area, providing your staff with research, information and tips that will support both their work and the quality of care for their patients.

Diet and Nutrition

British Journal of Community Nursing

Severe Vitamin B12 deficiency with complications in an elderly patient: a case study of pancytopenia and haemolysis

Published online: 25 March 2025

<https://doi.org/10.12968/bjcn.2024.0132>

British Journal of Hospital Medicine

Iron in Chronic Kidney Disease and End-Stage Kidney Disease—Current Trends and Future Direction

Published online: 10 February 2025

<https://doi.org/10.12968/hmed.2024.0619>

British Journal of Midwifery

Vegetarians, vegans and pregnancy

Published online: 1 April 2025

<https://doi.org/10.12968/bjom.2025.0038>

Antenatal depression and diet

Published online: 30 July 2025

<https://doi.org/10.12968/bjom.2025.0093>

Feeding practices and anaemia among children aged 0–23 months in Ghana

Published online: 30 July 2025

<https://doi.org/10.12968/bjom.2025.0030>

British Journal of Nursing

Nutrition and diet in type 2 diabetes management

Published online: 21 April 2025

<https://doi.org/10.12968/bjon.2024.0362>

The role of nutrition in wound healing and implications for nursing practice

Published online: 19 February 2025

<https://doi.org/10.12968/bjon.2024.0288>

Holistic nursing considerations when conducting nutritional assessment in a community setting

Published online: 2 July 2025

<https://doi.org/10.12968/bjon.2024.0487>

Developing a dietetic advanced practice role within a neuro-rehabilitation service

Published online: 2 July 2025

<https://doi.org/10.12968/bjon.2024.0188>

Gastrointestinal Nursing

The health-related benefits and complications of tube-fed blended diet for children and young people

Published online: 15 July 2025

<https://doi.org/10.12968/gasn.2025.0021>

Comprehensive nursing management for an older patient with diarrhoea and risk of dehydration

Published online: 14 February 2025

<https://doi.org/10.12968/gasn.2024.0056>

Independent Nurse

Understanding the role of probiotics in promoting gut health

Published online: 18 June 2025

<https://doi.org/10.12968/indn.2025.6.17>

Journal of Family and Child Health

Exploration of food provision challenges across English nurseries: results from a nationally representative cross-sectional study

Published online: 14 July 2025

<https://doi.org/10.12968/jfch.2025.2.5.218>

Journal of Kidney Care

Nutritional considerations in diabetic kidney disease

Published online: 11 April 2025

<https://doi.org/10.12968/jokc.2025.10.2.70>

Phosphate management in adults with chronic kidney disease

Published online: 11 June 2025

<https://doi.org/10.12968/jokc.2025.10.3.112>

Dietary potassium and plant-based diets: a practical guide for kidney healthcare professionals

Published online: 22 July 2025

<https://doi.org/10.12968/jokc.2025.10.4.174>

Journal of Prescribing Practice

Chronic kidney disease and diet

Published online: 7 July 2025

<https://doi.org/10.12968/jprp.2025.0069>

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