

MA Healthcare

Diet and Nutrition



Whether in hospital, community or residential care settings, effective medical treatment and long-term recovery relies upon good nutrition and hydration. As the dignity and well-being of the patient takes on greater importance, the understanding of right nutrition will be essential to the work of health professionals. We have provided a list of relevant articles from MA Healthcare journals dealing with this area, providing your staff with research, information and tips that will support both their work and the quality of care for their patients.

British Journal of Cardiac Nursing

- Low-carbohydrate diets for reducing cardiovascular risk and supporting weight loss in adults: a synthesis of systematic reviews
Published Online:27 Dec 2023
<https://doi.org/10.12968/bjca.2023.0085>
- Can intermittent fasting be used to prevent or treat hypertension?
Published Online:26 Sep 2023
<https://doi.org/10.12968/bjca.2023.0069>
- Intermittent fasting for the prevention of cardiovascular disease: implications for clinical practice
Published Online:26 Sep 2023
<https://doi.org/10.12968/bjca.2023.0058>

British Journal of Community Nursing

- Impact of Lifestyle on Cognitive Decline, Part 2: Looking Beyond Diet
Published Online:1 Aug 2023
<https://doi.org/10.12968/bjcn.2023.28.8.372>
- Effectiveness of zinc therapy for the treatment of pressure ulcers
Published Online:29 Aug 2023
<https://doi.org/10.12968/bjcn.2023.28.Sup9.S32>
- Diabetes Management and the Role of the Community Nurse: a Holistic Perspective
Published Online:1 Aug 2023
<https://doi.org/10.12968/bjcn.2023.28.8.393>

British Journal of Healthcare Management

- Time to invest in nutritional care for patients with inflammatory bowel disease
Published Online:14 Sep 2023
<https://doi.org/10.12968/bjhc.2023.0097>
- Providing a catering liaison service between inpatient families and the hospital kitchen
Published Online:14 Sep 2023
<https://doi.org/10.12968/bjhc.2023.0076>

British Journal of Midwifery

- Ultraprocessed food and pregnancy
Published Online:4 Aug 2023
<https://doi.org/10.12968/bjom.2023.31.8.477>

British Journal of Nursing

- Irritable bowel syndrome and endometriosis: diagnosis, similarities, and nutritional management
Published Online:25 Nov 2023
<https://doi.org/10.12968/bjon.2023.32.21.S14>
- Nurses are ideally placed to spot malnutrition in vulnerable patients
Published Online:25 Nov 2023
<https://doi.org/10.12968/bjon.2023.32.21.S4>
- Targeting malnutrition in patients with COPD in the community
Published Online:25 Nov 2023
<https://doi.org/10.12968/bjon.2023.32.21.S6>
- Alcohol-related dementia
Published Online:8 Nov 2023
<https://doi.org/10.12968/bjon.2023.32.20.972>
- Evaluating the efficacy of a programme to educate nurses on CLABSI linked to total parenteral nutrition administration
Published Online:25 Nov 2023
<https://doi.org/10.12968/bjon.2023.32.21.S22>
- Honey: understanding its potential
Published Online:10 Nov 2023
<https://doi.org/10.12968/bjon.2023.32.Sup20.S4>

Gastrointestinal Nursing

- Anxiety and depression during the COVID-19 pandemic: role of the gut–brain axis
Published Online:15 Dec 2023
<https://doi.org/10.12968/gasn.2024.21.10.18>

- Parenteral nutrition overview: the role of the nurse and equipment
Published Online:18 Oct 2023
<https://doi.org/10.12968/gasn.2023.21.8.28>

Independent Nurse

- Understanding obesity
Published Online:16 Oct 2023
<https://doi.org/10.12968/indn.2023.10.10>

Journal of Kidney Care

- An exploration of informal peer-support for dietary recommendations in haemodialysis
Published Online:1 Dec 2023
<https://doi.org/10.12968/jokc.2023.8.Sup6.S28>
- The effect of nurse-led interventions on non-adherence to dietary and fluid restrictions among adults receiving haemodialysis: a randomised controlled trial
Published Online:1 Dec 2023
<https://doi.org/10.12968/jokc.2023.8.Sup6.S6>
- Diet and nutrition in adults with chronic kidney disease
Published Online:1 Dec 2023
<https://doi.org/10.12968/jokc.2023.8.Sup6.S52>
- Food and mood: healthy eating for mental health with chronic kidney disease
Published Online:1 Dec 2023
<https://doi.org/10.12968/jokc.2023.8.Sup6.S22>
- Transforming the life of people with obesity and kidney disease
Published Online:1 Dec 2023
<https://doi.org/10.12968/jokc.2023.8.Sup6.S36>

Journal of Paramedic Practice

- Oral nutritional supplements in care homes
Published Online:10 Oct 2023
<https://doi.org/10.12968/jprp.2023.5.10.426>

Practice Nursing

- Management of vitamin B12 deficiency in primary care
Published Online:10 Oct 2023
<https://doi.org/10.12968/pnur.2023.34.10.376>