

## **Diet and Nutrition**



Whether in hospital, community or residential care settings, effective medical treatment and long-term recovery relies upon good nutrition and hydration. As the dignity and well-being of the patient takes on greater importance, the understanding of right nutrition will be essential to the work of health professionals. We have provided a list of relevant articles from MA Healthcare journals dealing with this area, providing your staff with research, information and tips that will support both their work and the quality of care for their patients.

### **British Journal of Community Nursing**

- The frequency of nutrition impact symptoms and reduced oral intake among consecutive COVID-19 patients from an Australian health service  
Published Online: 11 March 2022  
<https://doi.org/10.12968/bjcn.2022.27.3.136>
- Self-guided technology to improve health-related behaviour and quality of life in people with cancer  
Published Online: 2 Sep 2021  
<https://doi.org/10.12968/bjcn.2021.26.9.434>
- Buried bumper syndrome: prevention and management in the community  
Published Online: 2 Sep 2021  
<https://doi.org/10.12968/bjcn.2021.26.9.428>

### **British Journal of Healthcare Assistants**

- Crafting a national food strategy to tackle UK obesity  
Published Online: 11 Nov 2021  
<https://doi.org/10.12968/bjha.2021.15.10.510>
- Food allergy—care and management  
Published Online: 11 Jan 2022  
<https://doi.org/10.12968/bjha.2022.16.1.32>
- Healthwise, Part 5. Prevention and treatment of type 2 diabetes  
Published Online: 11 Jan 2022  
<https://doi.org/10.12968/bjha.2022.16.1.18>
- Crafting a national food strategy to tackle UK obesity  
Published Online: 11 Nov 2021  
<https://doi.org/10.12968/bjha.2021.15.10.510>

## **British Journal of Hospital Medicine**

- Anorexia nervosa and pancreatitis  
Published Online:15 Dec 2021  
<https://doi.org/10.12968/hmed.2021.0429>

## **British Journal of Nursing**

- Exploring barriers, motivators and solutions to achieve a healthy lifestyle among undergraduate student nurses  
Published Online:26 Feb 2022  
<https://doi.org/10.12968/bjon.2022.31.4.240>
- Nutrition during the menopause: clinical considerations  
Published Online:10 Dec 2021  
<https://doi.org/10.12968/bjon.2021.30.22.1308>
- Independent review seeks to tackle obesity and other diet-related diseases  
Published Online:2 Oct 2021  
<https://doi.org/10.12968/bjon.2021.30.17.1040>
- Nutrition therapy for long COVID  
Published Online:27 Nov 2021  
<https://doi.org/10.12968/bjon.2021.30.21.S28>
- Sarcopenia and malnutrition: commonly occurring conditions in the older population  
Published Online:27 Nov 2021  
<https://doi.org/10.12968/bjon.2021.30.21.S4>
- Estimating the time point for nutritional failure in patients suffering from acute brain attacks in the intensive care unit  
Published Online:27 Nov 2021  
<https://doi.org/10.12968/bjon.2021.30.21.S12>
- The influence of anaemia on pressure ulcer healing in elderly patients  
Published Online:11 Aug 2021  
<https://doi.org/10.12968/bjon.2021.30.15.S32>
- The nurse's role in providing strategies and advice on weight management  
Published Online:27 Nov 2021  
<https://doi.org/10.12968/bjon.2021.30.21.S20>
- Monitoring of blood glucose levels, ketones and insulin bolus advice using 4SURE products and app-based technology  
Published Online:12 Jan 2022  
<https://doi.org/10.12968/bjon.2022.31.1.34>
- Exploring the role of the nutrition nurse specialist in an intestinal failure tertiary referral centre  
Published Online:11 Apr 2022  
<https://doi.org/10.12968/bjon.2022.31.7.S4>

### **Gastrointestinal Nursing**

- Evidence-based management of disease-related malnutrition: updated guidance  
Published Online:6 Jan 2022  
<https://doi.org/10.12968/bjcn.2022.27.1.12>

### **Independent Nurse**

- Managing malnutrition in older adults: a guide for nurses  
Published Online:16 Mar 2022  
<https://doi.org/10.12968/indn.2022.3.16>

### **International Journal of Therapy and Rehabilitation**

- Characterisation of hospital-produced guidelines regarding management of temporary tube feeding care in general paediatric patients  
Published Online:2 Dec 2021  
<https://doi.org/10.12968/ijtr.2020.0002>

### **Nursing and Residential Care**

- An exploration of hydration care for nursing home residents living with dementia  
Published Online:23 Dec 2021  
<https://doi.org/10.12968/nrec.2021.23.12.3>

### **Practice Nursing**

- Evidence-based management of disease-related malnutrition: updated guidance  
Published Online:1 Apr 2022  
<https://doi.org/10.12968/pnur.2022.33.4.145>

### **Nursing and Residential Care**

- Managing malnutrition in older people living in residential care  
Published Online:2 May 2022  
<https://doi.org/10.12968/nrec.2022.0014>

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